

**Sarah L. Ray, Psy.D.**  
**Advanced Health Care**  
**Clinical Psychology**  
**PSY22183**

7851 Mission Center Court, Suite 300  
San Diego, California 92108  
Phone: 619.281.6414  
Fax: 619.374.2481  
www.sarahraypsyd.com  
sarahraypsyd@gmail.com

**Current Position**

**Advanced Health Care**

10/2008 to present

Clinical Psychologist and Owner of a private practice serving children, adolescents, and adults seeking individual psychotherapy or psychological evaluations. Responsibilities and skills include: short and long term outpatient psychotherapy, crisis intervention, psychological evaluations, treatment planning, AOE/COE Workmen's Compensation evaluations and report writing, Agreed Medical Evaluator, Expert and Fact Witness for Chronic Pain in litigation cases, Chemical Dependency evaluations and report writing, and DUI/Diversion substance abuse treatment. Areas of specialty include: Depression, Anxiety, Children and Teens, Parenting and Family Concerns, Women's' Issues, Relationship Problems, Chronic Pain, Stress Management, Crisis Intervention, Substance Abuse, Trauma, and Grief.

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**Professional Associations**

- American Psychological Association
- California Psychological Association
- San Diego Psychological Association
- National Register of Health Service Providers in Psychology

**Clinical Experience**

**Advanced Health Care**

12/2006 to 10/2008

Psychological Assistant in a private practice serving children, adolescents, and adults seeking individual psychotherapy or psychological evaluations. Responsibilities and skills included: short and long term outpatient psychotherapy, psychological evaluations, treatment planning, assisting with Workmen's Compensation evaluations and report writing, assisting with Chemical Dependency evaluations and report writing, clinical documentation, and administrative tasks such as scheduling, billing, and conferring with insurance companies. Supervision was provided weekly by Dr. Steven Hirsch.

Reference: Dr. Steven Hirsch, Clinical and Consulting Psychologist  
5333 Mission Center Rd., Suite 100  
San Diego, CA 92108  
(619)281-6414

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## **Clinical Psychology**

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### **Aurora Behavioral Healthcare**

7/2006 to 7/2007

Clinical psychology pre-doctoral intern at a private psychiatric hospital serving children, adolescents, adults, and geriatrics with a wide range of acute mental health disorders and addictions. Responsibilities and skills included: psychological evaluations using a variety of instruments, short term inpatient individual therapy, long term outpatient individual therapy, inpatient and outpatient group therapy (cognitive and process), clinical documentation, and treatment planning. Individual, group, and testing supervision was provided weekly by Dr. Preston Sims.

Reference: Preston Sims, Ph.D. – Clinical Supervisor  
11878 Avenue of Industry, San Diego, CA 92128  
(858)487-3200

### **Springall Academy**

8/2005 to 7/2006

Clinical psychology pre-doctoral intern at a public school serving special needs children and adolescents with a range of disorders, including: mood disorders, learning disabilities, behavior problems, and autism. Responsibilities and skills included: long-term individual therapy, treatment planning, group therapy, crisis intervention, and clinical documentation. Individual and group supervision was provided weekly by Dr. Jacklyn Schaedler and Dr. Tracy Alderman.

Reference: Jacklyn Schaedler, Psy.D. – Program Psychologist  
6460 Boulder Lake Avenue, San Diego, CA 92119  
(619)460-5090

### **The Areta Crowell Center**

8/2004 to 6/2005

Clinical psychology practicum student at an outpatient community mental health clinic serving adults with severe mental health disorders. Responsibilities and skills included: clinical assessment and diagnosis, group therapy development and co-facilitation, long and short term individual therapy, crisis management, treatment planning, case management, and clinical documentation. Individual and group supervision was provided weekly by Dr. John Giglio.

Reference: Stacey Hoyt, Ph.D. – Program Director  
531 16<sup>th</sup> Street, San Diego, California 92101  
(619)233-3432

### **Ramapo for Children – Assistant Head Counselor and Trainer**

6/2003 to 8/2003

6/2001 to 8/2001

Assistant Head Counselor at a residential summer camp for special needs and at-risk children with a wide range of emotional, behavioral, and learning problems. Responsibilities and skills included: Staff leadership, training, and supervision, therapeutic crisis intervention, Life-Space crisis intervention, advanced behavior management, emotional support, experiential education, and adventure therapy.

Reference: Mike Kunin - Director  
PO Box 266, Rhinebeck, New York 12572  
(845)876-8403

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## **University of Michigan Mott's Children's Hospital – Child & Family Life Specialist** 9/2002 to 5/2003

Supported the mental health of physically ill and special needs children. Responsibilities and skills included: Positive and nurturing emotional support, social support, organization and implementation of therapeutic activities, and child supervision.

Reference: Lisa Munch - Activity Therapist

University of Michigan Medical Center - Mott's Children's Hospital

F2519 Mott, Ann Arbor, Michigan 48104

(734)764-6874

## **SOS Community Services – Sunny Days Summer Camp - Program Assistant** 5/2002 to 8/2002

Program Assistant of therapeutic summer day camp for homeless children. Responsibilities and skills included: Program development and implementation, positive and nurturing emotional support, behavior management and intervention, and staff supervision.

Reference: Ayala Abramovici - Children's Services Coordinator

1128 White St., Ann Arbor, Michigan 48104

(734)332-8788

## **Huron Valley Child Guidance Center - Mentor** 9/2001 to 10/2002

Served as part of a therapeutic treatment team for special needs adolescent girls. Responsibilities and skills included: Creating social experiences and guidance in a structured setting, behavior management and intervention, emotional and familial support, and collaboration with therapeutic team.

Reference: Ann Bauer - Wrap Around/Mentor Coordinator

2040 Ellsworth Rd., Ypsilanti, Michigan 48197

(734)971-9605

## **University of Michigan Office of Student Conflict Resolution – Alcohol Workshop Facilitator** 1/2000 to 10/2001

Facilitator of the University of Michigan Alcohol Management Workshop – an educational program for students recognized with problem drinking. Responsibilities and skills included: Workshop development, organization, and facilitation, and group and individual progress meetings.

Reference: Brianna Williams - Alcohol Workshop Supervisor

University of Michigan - Fleming Administration Building

Ann Arbor, Michigan 48109

(734)622-5532

## **Research**

### **The Experience of Adolescent Girls in an Adventure Therapy Program: A Qualitative Study** 9/2004 to 12/2006

Doctoral dissertation under the supervision of Dr. Don Eulert exploring the subjective experience of adolescent girls participating in a nature-based therapy program at Ramapo for Children in Rhinebeck, New York. Conducted qualitative analysis during their summer camp experience and at two follow-ups exploring the girls experience based on main topic areas, including: Subjective Experience of the Program, Subjective Experience in Nature, Relationship Building with Staff and Peers, and Therapeutic Benefits of the Program. Responsibilities and skills included: Proposal

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development, research design, data collection, analysis, and evaluation, development of written report, and oral defense.

## **Maternal Influences on Child Gender Socialization – Honors Research Project** 9/2002 to 5/2003

Individual honors research project under the mentorship of Dr. Sandra Graham-Bermann exploring mothers' gendered speech patterns when talking to their Head Start preschooler children, as well as demographic differences of how mothers' talk to their children about gender. Responsibilities and skills included: Data collection, entry, and evaluation, qualitative measurement and analysis, literature review, and development of honors thesis.

## **Impacts of Violence in the Lives of Young Children – Research Assistant** 1/2002 to 5/2003

Research assistant for Dr. Sandra Graham-Bermann exploring the impacts of violence on Head Start preschoolers. Responsibilities and skills include: Interviewing mothers and children, administering the Wechsler Preschool and Primary Scale of Intelligence (WPPSI), telephone data collection, data entry, and collaboration with research team.

Reference: Dr. Sandra Graham-Bermann  
University of Michigan - Department of Psychology  
525 E. University, Ann Arbor, Michigan 48109  
(734)763-3159

## **Women's Health Study – Research Assistant** 1/2002 to 5/2003

Research assistant for Dr. Heather Flynn's exploring rates of depression and alcohol use in pregnant women. Responsibilities and skills include: Screening of women in OB/GYN clinics for depression and alcohol use, telephone interviewing, data entry, and collaboration with research team.

Reference: Dr. Heather Flynn  
University of Michigan - Department of Psychiatry  
400 E. Eisenhower Suite 2A, Ann Arbor, Michigan 48109  
(734)615-6065

## **Education**

California School of Professional Psychology at AIU – San Diego, California 9/2003 to 5/2007  
Doctor of Psychology  
Cumulative GPA: 3.98

University of Michigan, Honors College – Ann Arbor, Michigan 9/1999 to 5/2003  
Bachelor of Arts in Psychology with High Honors  
Psychology GPA: 3.88

## **Presentations**

Forensic Psychology in Practice and Treatment of Chronic Pain March 2013  
Workers' Compensation Stress Injuries: Inside the Psychotherapy Office September 2011  
Chronic Pain: Clinical Issues and Treatment Strategies September 2011